

Recreation for the Religious,  
Or a Poetical Breviat of the

# TEN COMMANDMENTS,

Dispos'd into Three Columns, to be Read 30 manner of Ways, and Sung 30 more, according to the following Directions. By WILLIAM WILLIAMS.

9. March. 1692.

READ the 1 Column by it self downward, 2 upward; 3, the middle Col. down, 4 up; 5, the last Col. down, 6 up; 7, the first and midd. together downward, 8 upward; 9, the midd. and last Col. down, 10 up; 11, the midd. Col. before the first down, 12 up; 13, the last Col. before the midd. down, 14 up; 15, the first Col. before the last down, 16 up; 17, the last Col. before the first down, 18 up; 19, the 3 Col. together down, 20 up; 21, the 21 place, read the second line in the foremost Col. before the first, and so the rest down, 22 up; 23, the second line of the midd. Col. before the first, and the rest alike down, 24 up; 25, read the second line of the last Col. before the first, and also the rest down, 26 up; 27, read the first line in the last Col. joyn'd with the first line in the first Col. adding to both the first line in the midd. Col. and in the same manner thro' all the Columns down, 28 up; 29, read the first line in the first Col. adding thereto the first line in the last and midd. Col. downwards, 30 and lastly, upwards.

These Three Columns are also compos'd to be Sung 30 Ways, according to the Tunes of several Psalms, Hymns, and Spiritual Songs, as hereafter followeth: Begin with the foremost line in the first Col. next the first line in the last Col. next the first line in the first Col. then the first line in the midd. Col. down, 4 up; 5, begin with the second line in the first Col. next the second in the last Col. as also the second in the midd. Col. with the rest in the same method down; 6, by the same interchange up; 7, the 2d. line in the last Col. before the 2d. in the first and midd. Col. down; 8, in the same Form up; 9, take the first line in the first Col. the second in the last Col. with the first in the midd. Col. as also the first in the last Col. the 2d. in the first Col. and 2d. in the midd. Col. downward, 10, a like upward; 11, take the two first lines in the first Col. the first in the midd. Col. the two first lines in the last Col. the two in the midd. Col. and all in the same manner downward, 12 upward; 13, the two first lines in the last Col. the first in the midd. Col. the two first lines in the midd. Col. downward; 14, in the same way upward; (In this Metre, the Columns may be Sung to the Tune of the Fourth Psalm, and many others, as also to the pleasant Tunes of Joy and Mirth, Dying Christian's Exhortation, The Letter for a Christian Family, and several such like Tunes.) — 15, read the first and second Col. together down, 16 up; 17, the last Col. before the midd. down, 18 up; 19, the midd. Col. before the first down, 20 up; 21, the midd. and last Col. down, 22 up; 23, read the first Col. before the last down, 24 up; 25, the last Col. before the first down, 26 up; 27, read the 2d. line in the first Col. before the first in the last Col. and so along down, 28 up; 29, read the second line in the last Col. before the first in the first Col. and so the rest downward: In the 30 and last place, after the same manner upwards. Thus the first and last Columns will agree with the Tune of *Bleeding Heart*, and such like.

*A Breviat of the Apostles Creed in Metre, to be read various ways.*

*Lord, I believe, help thou mine unbelief.*

I, II.

In God the Father and the Son,  
I do believe as Saints have done.

III.

That Christ conceiv'd was by the Spirit,  
Born of *Mary*, Scriptures clear it.

IV.

Our Saviour was by *Pilate* Doom'd,  
Crucifi'd Dead, and Entomb'd.

V.

When Hell our Lord cou'd not detain,  
He on the Third Day rose again.

VI.

On God's right hand, he did ascend  
In Heaven's Bliss, till this worlds end.

VII.

From Heaven's Glory, Christ our Head,  
He'll come, to judge the Quick and Dead.

VIII.

The Holy Ghost I do confess,  
The true Church Catholick no less.

IX, X, XI, XII.

The Saints Communion, Sins forgiven,  
Mens Resurrection, Life in Heaven.

*He that believeth and is Baptized, shall be saved.*

In true Religion, there's four Gen-  
'ral Heads,  
And they are those this Paper over-  
spreads:

Besides the Law, the Creed, our Sa-  
viour's Prayer,  
Of Sacraments we have a glorious  
Pair.

EXC	John 1. 16. The Law was given by Moses,	From these Ten Precepts, we our God may praise, No less than Six times Ten, or Sixty ways.	But Grace and Truth came by Jesus Christ.	XX
I	Have thou alone, No Gods but one.	The Tri-une God above, To be embrac'd with Love.	The Lord that's mine, The same is thine.	I
II	Adored be The Trinity.	The maker of our Frame, Thrice lauded be that Name.	Man's Happiness, Our God we bless.	II
III	Name God not vain, Do thou refrain.	Beware, Curse not, nor swear, There's Guilt, where is no Fear.	Stand still in awe, Observe the Law.	III
IV	The Sabbath Day, Mind that alway.	One Day in Seven blest, Serve God, and take thy Rest.	Be this thy Care, For Death prepare.	IV
V	Thy Parents awe, Keep thou this Law.	Give Honour to thy Birth, Long days are thine on Earth.	Obedient be, All well with thee.	V
VI	No Murder act, Abhor that fact.	O Man! regard it well, 'Tis Hatred merits Hell.	Forbear rash Ire, Quench Satan's Fire.	VI
VII	Adultery, This Deed pass by.	The wanton Look, and Lust, These Actions are not just.	Sin Men infect, All Faults reject.	VII
VIII	Steal not at all, Things great or small.	Preserve thy Neighbour's Right, Stolen Goods are brought to Light.	Dare to be true, Give all their due.	VIII
IX	Use no false Tongue, Do none wrong.	Speak Truth with all thy Heart, Good Words to all impart.	Be Upright found, Grace will abound.	IX
X	Thy Neighbour's Lot Covet thou not.	Whatever is Man's own, God gave it him alone.	Let Man improve A Gift in love.	X

*A Breviat of the Lord's Prayer, to be read sundry ways.*

*After this manner therefore Pray ye.*

I.

Our Father which in Heaven art,  
Thy Name be hallow'd in my Heart.

II, III.

Thy Kingdom come, thy Will be done,  
In Earth, as Heaven it begun.

IV, V.

Give us this Day our Daily Bread,  
Forgive our Trespases and

VI.

Into Temptation lead us not,  
Preserve from Evil be our Lot.

Thine is the Kingdom, Power, agen  
The Glory evermore, Amen.

*Another Breviat of the Lord's Prayer. When ye Pray, say,  
Our Father, &c.*

I.

Thy Name be praised,

II.

Thy Kingdom prepared;

III.

Thy Will performed,

IV.

Our selves preserved,

V.

Our Trespases pardoned,

VI.

Our Temptation prevented.  
Amen.

*Do this in remembrance of me.*

As Baptism, the Supper of our Lord,  
With which our Christian Churches should accord.

From these four Fountains certainly I know,  
That all Religious Principles do flow:

Believe, and pray, do good, receive with all  
This sound Divines, the true Religion call.

IF Satan, the Recorder of our Crimes,  
Object, we broke this Law a thousand times,  
Yea, a thousand more, let Man again Reply,  
Curst Devil, know my Blessed Lord did die;  
And in his Death and Passion, I confide,  
Avoid, Accuser, get thee gone aside.  
For all the Faults I did, I now Repent,  
Those Sins are thine, to increase thy Punishment.  
Withdraw the Banner of my sinful Scenes,  
Go, ask my Saviour what his Merit means!  
I dare thy boldness, he hath me redeem'd,  
My Faith in his Fidelity's esteem'd.  
I made my Peace with Christ, and now am free  
To claim his Aid, in waging War with thee.

I plead his Merits, his Deserts alone,  
They'r promis'd me, for thee he e'er had none.  
To talk with Devils, I am not too free,  
The Lord rebuke thee, say no more to me.  
Who read these following Lines, and heed them well,  
May take in hand such Arms as Conquer Hell:  
With God's whole Armour do thy self invest,  
His Plate of Righteousness fix on thy Breast;  
Begird thy Loins with Truth, and then oppose  
The Trophies, and the Triumphs of thy Foes;  
Before Engagement, wear thy Shoes of Truth,  
Thy Greaves, thy Gantlets, and fear no Abuse.

*May all that are Ingenious and Discreet,  
Peruse these Precepts, and preserve this Sheet.*

Salvation's Helmet that will save thy Head,  
Dread not the Furies, nor regard the Dead;  
The Spirit's Sword, the Shield of Faith apply,  
Fight Martyrdom, and win the Victory.  
These Sacred Weapons, as in Ages past,  
Are useful in this present and the last.  
Thus Martyrs foil'd the Devil when they dy'd,  
And in their Death found Life, that Death defy'd:  
From Satan, Lord, deliver us, and draw  
Our Hearts and Minds to keep thy Moral Law.  
All are oblig'd to do the best they can,  
By these Commands, in serving God and Man.  
Have mercy Lord upon us, and incline  
Our Hearts to keep these Laws, and we are thine.